



# braggamob

A PROFESSIONAL & CULTURAL JOURNEY



A RELIABLE PARTNER FOR YOUR ERASMUS+ MOBILITY PROJECT





## MEET OUR TEAM

IN A PROFESSIONAL & CULTURAL JOURNEY

Our staff has many years of experience in this field. We are young, professional and we promptly fulfil requirements to meet the highest expectations. We care about the participants and our slogan has always been: **Participant's satisfaction.**

## ISO 9001

QUALITY CERTIFICATION

**BRAGAMOB** (Aplicaproposta, Lda.) is a company promoting the implementation of internship, training and youth programmes, providing unique educational and cultural experiences in Portugal to students and teachers coming from several parts of the world.

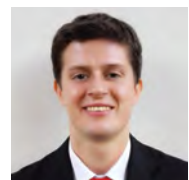
Holder of a vast experience in mobility programmes, **BRAGAMOB** is an open door for unforgettable experiences in the lives of students and teachers, betting in their education and training, but also in ludic activities promoting the knowledge of history, patrimony and Portuguese culture.

**BRAGAMOB** has implemented a Quality Management System in accordance with the Norm **NP EN ISO 9001:2015**, based on the following premises:

- **INTERNSHIPS**
- **PROFESSIONAL TRAINING**
- **PROFESSIONAL VISITS**
- **ACCOMMODATION**
- **TRANSPORT**
- **FOOD**
- **CULTURAL VISITS**



**BRAGAMOB** provides the experience of a lifetime!



**TIAGO COSTA**  
INTERNATIONAL ADMINISTRATOR



**HELDER CARVALHO**  
TRAINING ADMINISTRATOR



**FILIPE MALHEIRO**  
INTERNSHIP ADMINISTRATOR



**FATMA NUR ACAR**  
INTERNATIONAL RELATIONS



**FRANCK DIAS**  
TRANSLATIONS & DOCUMENTATION



**AMÉLIA VELOSO**  
SENDING / KAZ COORDINATOR



**LILIANA ROCHA**  
FINANCES MANAGER



**RUI PORTELINHA**  
INTERNSHIP COORDINATOR



**MINE MAVRUK**  
INTERNATIONAL RELATIONS



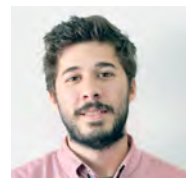
**DELFIN RIBEIRO**  
GROUP & LOGISTIC COORDINATOR



**CARLOS FLORES**  
GROUP & LOGISTIC COORDINATOR



**PATRICIA CRUZ**  
GROUP & LOGISTIC



**TIAGO LOPES**  
GROUP & LOGISTIC



**RUI SILVA**  
GROUP & LOGISTIC



**LEANDRO BORGES**  
GROUP & LOGISTIC



**JULIANA PINTO**  
TRAINER



## REGION OF BRAGA

AN INDUSTRIAL & COMERCIAL HUB

In the heart of the green and fertile province of Minho, the district of Braga stretches from the sea inland, with a wooded scenery that undulates in gentle hills and valleys.

The city of Braga, perhaps Portugal's main religious centre, is known for its baroque churches, splendid 18th century houses and elaborate gardens and parks.

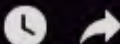
The old city is solemn and antique, but **industry** and **commerce** have brought to it a lively lifestyle, with its universities, modern neighbourhoods, bars and restaurants.

On a hill about 3 km south east stands the sanctuary of Bom Jesus do Monte, which is visited on Whit Sunday by thousands of pilgrims and is famous for its 18th-century architectural staircase. About a mile away lies Mount Sameiro, on top of which is situated a colossal statue of the Virgin Mary.

The whole district is famous for its popular feasts and festivals and for the local gastronomy, with many and varied original recipes.

Braga - Wonderful City

YouTube



## MEET OUR PARTNERS

MORE THAN 400 PROTOCOLS IN BRAGA

Braga mob has a huge network of partners and protocols including support and a protocol signed and stamped with the municipal government. In fact, we are in continuous cooperation with Large, Small and Medium enterprises, Business hubs, Associations, Chambers of Commerce, Cooperatives, Industrial organizations, NGO's, Schools, Universities, Training centers, Public organizations, etc able to provide an answer to everybody seeking an opportunity under Braga mob's umbrella.



AND MANY MORE...



PROTOCOL  
WITH  
MUNICIPALITY





## Erasmus+ BRAGA MOB EXPERIENCE

Since 2013 the dynamic and young staff of Braga mob received more than 4000 participants in mobility programmes.

### COUNTRIES RECEIVED TILL DECEMBER 2017:

- Spain → Denmark → Hungary → Poland
- France → Finland → Bulgaria → Cyprus
- Italy → Norway → Slovenia → Czech Rep.
- Greece → Sweden → Slovakia → Romania
- England → Turkey → Croatia → Ireland
- Estonia → Nederland → Germany → Iceland
- Lithuania → Macedonia → Austria → Latvia



## KA1 & KA2 PROJECTS

### KA1: Learning Mobility of Individuals

- VET - Vocational Education and Training
- School Education
- Adult Education

### KA2: Strategic Partnerships

- Cross-sectoral partnerships
- School education
- Vocational Education and Training





# WORK PLACEMENTS

IN ALL AREAS

At Braga mob, we will find the right work placement for the right person. For our staff it is very important to be in contact with the participants.

**Each participant will be allocated a tutor who will maintain contact throughout the programme.**

## QUESTIONS?



**We arrange internships in Portugal for?**

- Individual students or graduates
- Organized groups of students

**When?**

We arrange internships throughout the year.

**What duration?**

The minimal duration of internships is 2 weeks to 1 year.

**What host organisations?**

We place trainees in SME enterprises, NGO's, Schools, Business Hubs, Commercial and Industrial Organisations of all sizes.

**What language?**

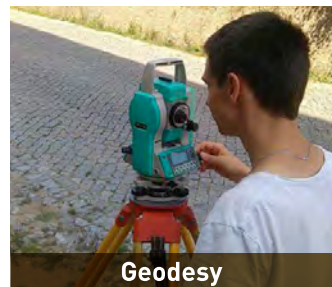
Bragamob places students speaking English, Spanish and Italian.

**What should I know more?**

We provide our partners and trainees all services and local support to make sure they get the most of the experience without risks and hassle. We make sure trainees have been taken care of and can focus on the training and their work performance.



**Butcher**



**Geodesy**



**Electrician**



**Hairdressing & Beauty**



**Physiotherapist**



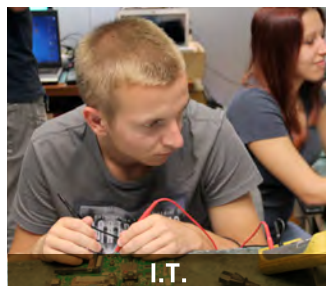
**Car Mechanic**



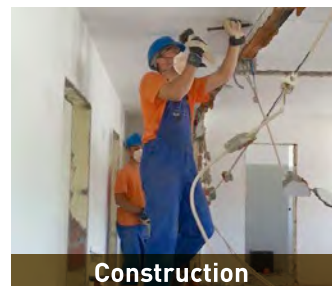
**Textile & Fashion**



**Wine Production**



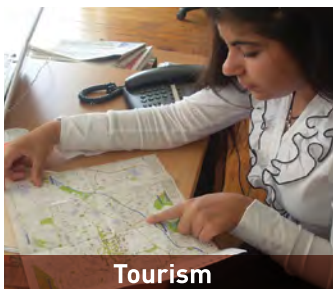
**I.T.**



**Construction**



**Gardening**



**Tourism**



## INTERNSHIP AREAS



**Chef Assistant**



**Hotel Technician**



**Metallomechanics**



**Child/Eldery Care**



**Welding**



**Logistic**



**Agriculture**



**Nursing**

- Administration, management and secretary
- Industrial and Graphic Design
- Media Communication
- Insurance
- Horticulture & Animal
- Quality control
- Heritage & Crafts
- Architecture
- Education
- Arts & crafts
- Cooking
- Childcare
- Health & Social Care
- Commerce
- Special Needs
- Accounting
- Engineering
- Sports and Leisure
- International Trade
- Adult Education
- Telecommunications
- Tourism, Agrotourism and Alternative Tourism
- Electronics and electricity
- Sales (shop assistant)
- Volunteering, Social Care
- Food and Beverage industry
- Hairdressing & Beauty care
- Hospitality and Catering
- Marketing and Advertising
- Hygiene and safety at work
- Travel Agency, Tour Operator
- Theatre, Dance and Music
- Agriculture, Winemaking and Viticulture
- Environment (management, research)
- I.T. (software and hardware), multimedia
- And many others.





# LIST OF COURSES

## TRAINING

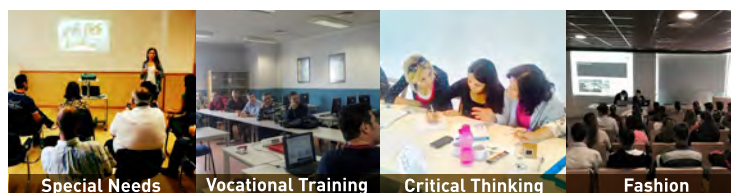
IMPROVING BASIC AND ADVANCED SKILLS

In the beautiful city of Braga, participants have the opportunity to improve their skills in all areas.

### TRAINING IN PORTUGAL

- Our intensive courses offer different levels, from beginners up to professionals.
- Fees depend on the number of participants in a group and length of the course.
- Classes are held from Monday to Friday (sometimes Saturday).
- In all trainings we address the needs of the participants and we do it through highly certified trainers.

**Braga mob as a Training Center is able to create a course in any area that suits your needs!**



### EDUCATION DEVELOPMENT

- Reducing School Dropout
- Quality School Management
- Leadership and Self Development
- Better communication in classrooms
- Teaching and Science Teaching Methods
- Foreign Languages Teaching Facilities
- Eating Habits / Anti-obesity in Classrooms
- How to be Leader in a Technical School
- Dyslexia and Attention
- Deficit/Hyperactivity Disorder
- Coaching in Education
- Active Role in a Democratic Life
- Gifted Students
- Inclusive Education in disability
- Internationalisation of Education
- Multiculturalism - Immigrants Integration
- Pre primary Education
- Skill's Development
- Stop Bulling

### I.T.

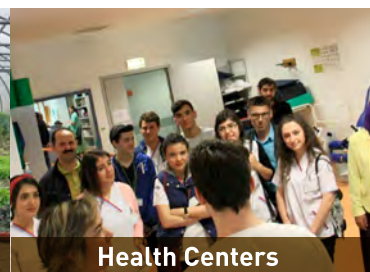
- Use I.C.T. in Special Need Education
- I.C.T. in Education
- I.T. Security for Education
- Web 2.0 tools for effective teaching
- Management in ICT: Microsoft Office
- Media: Social Media Safety
- New ICT Technology: How to use the cloud
- Learn the basic of Linux
- Empowerment in ICT Skills
- Technology Enhanced Learning
- HTML5 and CSS3
- CMS - Content Manage System
- Educ. Platforms: E-learning, Moodle, Etwinning
- Digital Learning
- Photoshop / Illustrator / Dreamweaver

### BUSINESS COURSES

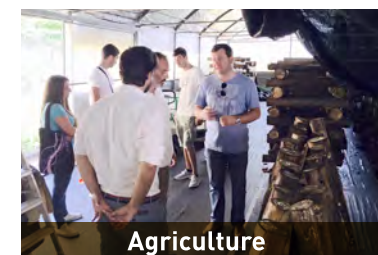
- Entrepreneurship - Growing great ideas
- Feasibility study - Evaluation and Analysis
- Business start-up and development
- How to create a Business plan
- Marketing / Sales - Business administration
- Management Development Program
- Finance
- Foreign trade
- Strategic Planning
- Project management



Professional visit programs are flexible and can combine study, training, visit to organizations/ companies and cultural activities. With access to the Braga Municipality, we visit delegates and the participants gain first-hand knowledge and develop an extensive network of contacts within education, trade and industry in Braga, Portugal. Programs can cover all range of topics and are designed to meet the expectations and specific interest of the groups to advance professional development.



- Highly customised and flexible programs tailored to meet the specific needs and interests of the visiting group.
- Extensive international capacity in the design and delivery of programs to trainers, teachers, school leaders and industry professionals.
- Access to government departments, state schools, training centers, institutes, universities, trade and industrial associations and companies.







## DOCUMENTATION

PROVIDED BY BRAGA MOB

- ✈ FINAL REPORT
- ✈ ECVETS
- ✈ EUROPASS
- ✈ TUTORING AND MONITORING
- ✈ LEARNING AGREEMENT
- ✈ QUALITY COMMITMENT
- ✈ ERASMUS+ CERTIFICATE



## LOGISTIC SERVICES

WITH BRAGAMOB

- ✈ City Center Hotel with full & half board
- ✈ Airport Transfer
- ✈ Orientation Meeting and tour of Braga
- ✈ Organize Cultural and Social events
- ✈ Local transport
- ✈ Organized Cultural Visits
- ✈ 24 hours Emergency Support



## BOOK YOUR FLIGHT

WITH BRAGAMOB

Put an end to your headaches concerning the flight connections between your country and Porto, Lisbon, Vigo or Madrid airport. We guarantee the most competitive rates of the market.

For further information email us to:

[info@bragamobilityopen.com](mailto:info@bragamobilityopen.com)



# LOCAL TRANSPORT

AND AIRPORT TRANSFER

We provide transfers from all airports by van or bus, local transport with private vans to all the internships that will be held during the mobility and also for Cultural and leisure activities that are organized according to the partner's wish by our staff. This will help the integration of the participants to get to know and understand everyday life in the Portuguese culture.

## Airport Transfer

- ✈ From/To Porto
- ✈ From/To Lisbon
- ✈ From/To Vigo
- ✈ From/To Madrid

## Local Transport

- ✈ From/To Internships
- ✈ From/To Professional Visits
- ✈ From/To Cultural Visits



# RESTAURANT

FULL BOARD & HALF BOARD

Our local partners provide meals with traditional food from Portugal.

Here you will taste all kinds of starters, meat, fish, sea food, fruit and drinks regarding always your culture and needs.



# HOTEL

HOTELS WITH 3 AND 4 STARS



**Braga mob** has the perfect hotel for your needs with the best prices and amenities.

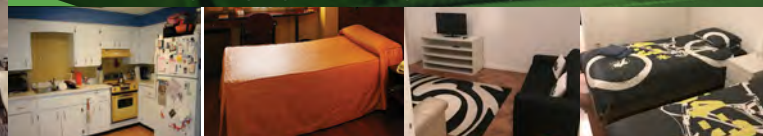
**Our hotels are in the city center and we provide:**

- ✈ Double with breakfast – Double room (twin) with toilet
- ✈ Single with breakfast – Single room with toilet



# HOUSE & APARTMENTS

AVAILABLE FOR LONG TERM MOBILITIES



Braga mob has houses with single and double rooms for each participant with shared kitchen, living room, toilets and wifi.

These houses are in the city, close to a bus stop, markets and shopping.





# CULTURAL VISITS

Explore Portugal & Spain with Braga mob



GUIMARÃES



AVEIRO



OPORTO



ATLANTIC OCEAN



FÁTIMA



VALENÇA DO MINHO



NATURE-GERÊS



LISBON



MADRID



CORUÑA



PONTE DE LIMA



VIANA DO CASTELO



VIGO



SANTIAGO COMPOSTELA



# RECOMENDATIONS

FOR A FUTURE COOPERATION...



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in the Global Satisfaction of their Participants. Br-

appreciate the completion of this form, s-

are certain that your contribution will be es-

classify our service of Internships, -

of the Internships

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arding:

Quality of the course

Quality of the training staff

Quality of the facilities

Logistical and administrative support

General evaluation

How do you classify our service of Professional and

namely regarding:

10. Program of Professional Visits

11. Program of Cultural Visits

12. General evaluation of the service provided

How do you classify our service of support to the activities developed.

namely regarding:

13. Accommodation

14. Restaurants

15. Transportation

16. Transportation to/from the airport

17. Staff evaluation

Comments / Suggestions

Great staff-organization of the stay all lives what to do!

Most important - nice and open people!

The quality of Bragamob service is very professional!

Thank you.

We appreciate everything you did for us, it was a great experience, we enjoyed every single day and had a nice time with all of you. Thank you for your effort and making everyone feel happy! :) It was a great pleasure to be a part of Braga Mob, we wish you all the best!!!

See you next September! Dark -

Your team is very enthusiastic, very dedicated to their job. It was pleasure to cooperate with Braga Mob, hope to continue cooperation next year.

Braga Mobility Open or just Braga mob for short is an open door for your international, professional and cultural journey and we are sure it will be the most incredible experience of your life concerning Mobility for individuals.

Braga mob has a huge network of partners and protocols, in fact we are in continuous cooperation with Big, Small and Medium enterprises, Business hubs, Associations, Chamber of Commerce, Cooperatives, Industrial organizations, NGO's, Schools, Universities, Training centers, Public organizations able to receive anyone who seeks an opportunity under Braga mob's services. Braga mob is committed to the personal and professional development of young people and professionals, requiring from our Portuguese partners to provide the best 'know how' to our participants.

It's important to explain for those looking for our services, that we have the support and a protocol signed and stamped with the municipal government, facilitating all kinds of partnership with almost 100% of the organizations in the city of Braga.

For us mobility is much more than logistics, it's the experience, the knowledge, the good practices, the atmosphere of each country, the exchange of culture, the personal relationships, the integration of the participants, the friendship, the gastronomy and the multiple experiences acquired in a different country.

Our staff and all of our collaborators, are used to receive people from several countries and they are able to create the best environment outside of the comfort zone of the participants, helping them to leave Portugal loving and wishing to return to our country.

Don't hesitate to contact us with any questions, more details and for partnership proposals. We will be happy to help you.



**PIC:** 948817238  
**Site:** [www.bragamobilityopen.com](http://www.bragamobilityopen.com)  
**FB:** [facebook.com/bragamobopen](https://facebook.com/bragamobopen)  
**Linkdin:** [lnkd.in/bVhJeMP](https://lnkd.in/bVhJeMP)  
**Youtube:** [www.youtube.com/bragamob](https://www.youtube.com/bragamob)



01

January  
2018

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2018

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2018

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05

May  
2018

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06

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2018

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08

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09

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2018

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10

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11

November  
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12

December  
2018

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